



Lion's Roar Foundation
**Report to Our
Community**

2025: The Year in Review



LION'S ROAR

A LETTER FROM OUR PUBLISHER

Dear Friends,

We're all asking hard questions right now. About how we treat each other and ourselves. About what we owe to those who come after us, and what we can offer. About what kind of society we want to build. At Lion's Roar, we believe the dharma speaks directly to those questions. It does not ask us to turn away from difficulty, but to meet it with courage, compassion, and wisdom.

For more than 2,600 years, Buddhism and mindfulness traditions have explored the causes of suffering and the path toward greater freedom and well-being. These teachings remind us that the forces troubling our world—greed, anger, confusion, division—are not new. They are deeply human tendencies, but they are not the whole of who we are. Generosity can counter greed. Kindness can soften hostility. Wisdom can illuminate confusion. These are capacities we can cultivate—in ourselves and in the world around us.

That understanding lies at the heart of Lion's Roar's work.

As a nonprofit, we exist to bring these teachings into conversation with modern life—through journalism, learning, community, and practice—so that people from every background can experience their depth and relevance. We are driven by the conviction that dharma matters, that it can reduce suffering, and that it can help people to live with more joy.

We draw from the full breadth of Buddhist traditions—no single school, lineage, or style can speak to every person or every moment. That openness is intentional. The dharma is vast, and its wisdom belongs to everyone.

In a culture that rewards speed, certainty, and division, the values at the heart of these traditions—compassion, mindfulness, patience, humility, interdependence—are

genuinely countercultural! They invite us to live differently, and to practice. Wisdom and compassion are not ideas we simply admire; they are qualities we develop through attention, reflection, and practice.

This work feels especially urgent now. In a time marked by uncertainty, division, loneliness, and a widespread search for meaning, the values at the heart of the dharma offer something rare and necessary. Compassion, empathy, and interdependence are not ornamental ideas. They are practical and profound responses to the challenges of being human.

Young people especially are navigating a turbulent search for identity, belonging, and purpose. The dharma has much to offer that search. And the values at its heart need to be proclaimed and protected with as much energy as we can bring to them. Lion's Roar takes that seriously.

None of this happens without the community that surrounds us—perhaps not a community in the usual sense, since many of us may never meet, yet bound by something real: a conviction that wisdom and compassion matter, that practice can transform lives, and that bringing these teachings into the world benefits everyone.

The work represented in these pages was made possible by your trust and generosity. We're grateful to have you as part of this community, and grateful for the role you play in bringing these teachings—and more joy—into the world.

With gratitude and warmth,



Ben Moore
Publisher

LION'S ROAR FOUNDATION

Twenty-six hundred years ago, the Buddha saw that beings were in pain and wanted to ease their suffering. His vow to benefit sentient beings led him to the insights and methods we know today as Buddhism.

Since then, Buddhism has offered antidotes—not as dogma, but as medicine we can use—practical, tested tools for transforming our hearts and minds. It leads us to cultivate generosity as the counter to greed, kindness and equanimity as the counter to hatred, and wisdom as the counter to ignorance and delusion.

Lion's Roar brings this medicine to people around the world, sharing an array of diverse dharma voices and teachings through online guided meditations, audio and video teachings and content, social media, online courses, our website, the *Lion's Roar* magazine, other print publications and more.

Our content is designed to be accessible and meaningful to the widest spectrum of people interested in wisdom, compassion, and mindfulness. We offer opportunities for connection and ongoing education to beginners and experienced meditators alike, including many who tell us that they are “going it alone” outside of any formal community of practitioners. For those already committed to a specific practice community, we enrich and deepen practice and understanding through our Buddhist education initiatives and by providing a broader experience of other Buddhist traditions.



Thank You

2,050

Lion's Roar Foundation
donors in 2025

The Lion's Roar Foundation is an independent charity registered in both the United States and Canada. Our mission is to communicate Buddhist wisdom and practices in order to benefit people's lives and our society, and to support the development of Buddhism in the modern world.

Why “Lion’s Roar”? The name “Lion’s Roar” is taken from a quote attributed to the Buddha himself: “The proclamation of the truth of the dharma is as fearless as a lion’s roar.” In this context “Lion’s Roar” expresses the fearlessness and confidence needed to present the profound truths of dharma, by way of any and all skillful means.

By bringing Buddhist wisdom to bear on current events—and, of course, perennial human concerns—our work helps point the way toward a society that prizes, cultivates, and can uphold universal values like compassion, generosity, wisdom, and peace.

Recognizing that the story of Western Buddhism has been largely dominated by white voices, and awakening to how alienating that is to people of color, we are actively working to reflect the true diversity of practitioners and traditions.

We also recognize the broad disparity of wealth in the world. At Lion’s Roar, no one is turned away for lack of funds. Our nonprofit mission is to make teachings of wisdom, compassion, and meditation available to everyone, regardless of their financial circumstances. With the support of our donors and members, we offer reduced-rate memberships and scholarships so that the timeless wisdom, understanding, and practices of the dharma are available to all.

At present, our work falls into five program areas: Print Publishing, Digital Publishing, Education, Community Events & Experiences, and Access & Advocacy. We invite you to read about these over the pages that follow.



We're always here together on this planet and we benefit from each other's presence. Your presence, belonging, and participation are incredibly important. And this is what Lion's Roar can offer you—a sangha, a community of intentionality that brings very rich, thoughtful programs into your life that can be tremendously catalytic and beneficial.

—Jon Kabat-Zinn, founder of Mindfulness-Based Stress Reduction, during a free, live talk with the Lion's Roar community

2025 HIGHLIGHTS BY DEPARTMENT

PRINT PUBLISHING

LION'S ROAR MAGAZINE

In 2025, *Lion's Roar* magazine entered a new chapter. With our transition to a membership model, the magazine became a core benefit of belonging to the Lion's Roar community.

Our aspiration to bring benefit to our world guided every issue we created in 2025. Again and again, we asked: How can the dharma help people find well-being, healing, and freedom from suffering? We explored how Buddhist wisdom can help us meet difficult realities—dementia, death, jealousy, grievances—with clarity and compassion.

One of our most impactful offerings was a special collection on healing from trauma in our final issue of the year. Sharon Suh shared four gentle, grounding practices for restoring wholeness, while Jack Kornfield offered teachings on discovering the loving awareness that remains untouched by even our deepest wounds.

We also devoted a collection of articles to cultivating confidence in who we truly are. In the March issue, Ethan Nichtern taught how mindfulness helps us trust our own seat in the world; Lama Döndrup Drolma guided readers through White Tara visualization to connect with innate buddhanature; and Sister Boi Nghiem showed how embracing the teachings of no-self leads to genuine confidence and kindness.

Throughout the year, the magazine highlighted how individual transformation naturally ripples outward. A three-part conversation between Melvin McLeod and Jon Kabat-Zinn began with the liberating power of mindfulness for the individual and culminated in a vision of mindfulness as the foundation for a more

The world needs encouragement to keep remembering kindness and compassion. Thank you for affecting people's lives so that they may help others in a web of love, connectedness and generosity.

—An anonymous donor

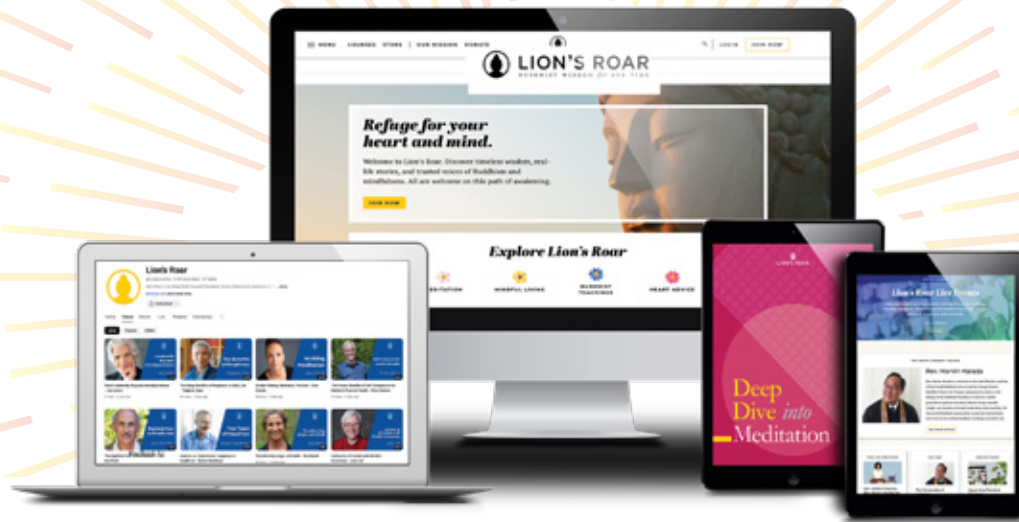


compassionate, ethical society. Our September issue's deep dive into mindfulness followed a similar arc—from the basics of meditation to its role in relationships, movement, technology, and activism.

We also showcased inspiring examples of dharma in action. Toni Pressley-Sanon profiled Ven. Bhikkhu Bodhi's lifelong commitment to generosity and food justice, while Brian Joshin Byrnes offered a moving reflection on how seeing one another as buddha can sustain compassionate action in a world on fire.

As a membership publication, your support makes it possible for us to bring these teachings to life and to offer them to a world that urgently needs both individual healing and collective awakening. Thank you for helping us continue this work.

DIGITAL PUBLISHING



LIONSROAR.COM

In 2025, two million readers visited our website, accessing a wealth of Buddhist teachings and practices. The ever-evolving digital world has brought its share of ups and downs in web traffic over the years but our goal remains the same: to offer the dharma to as many people as possible. We spent a good portion of 2025 refining how we serve our community of existing readers, prioritizing clarity, depth, and meaningful connection through our content.

[LionsRoar.com](https://www.lionsroar.com) continues to be a trusted destination for both longtime practitioners and newcomers alike. The introduction of our membership model in the fall of 2025 brought with it a number of changes to our website, including how readers find and experience our content.

Our website is not only a home for written teachings, but a vibrant hub where readers can access guided meditations, refine their interests by topic on any of our popular category pages, watch video teachings, participate in live events, or take part in a member's workshop.

Our aim in digital publishing is not only to grow our reach, but to deepen it. We continue to devise new ways to lead our readers through our content, so that newcomers and repeat visitors alike will find what they're looking for and be encouraged to explore more.

In this rapidly changing landscape, we're committed to being responsive to the needs of our global community, and offering the clarity and compassion that Buddhist wisdom provides, in the many ways that the digital world allows us to do.

LionsRoar.com in 2025

ONLINE AUDIENCE
2 Million

Lion's Roar Social Media

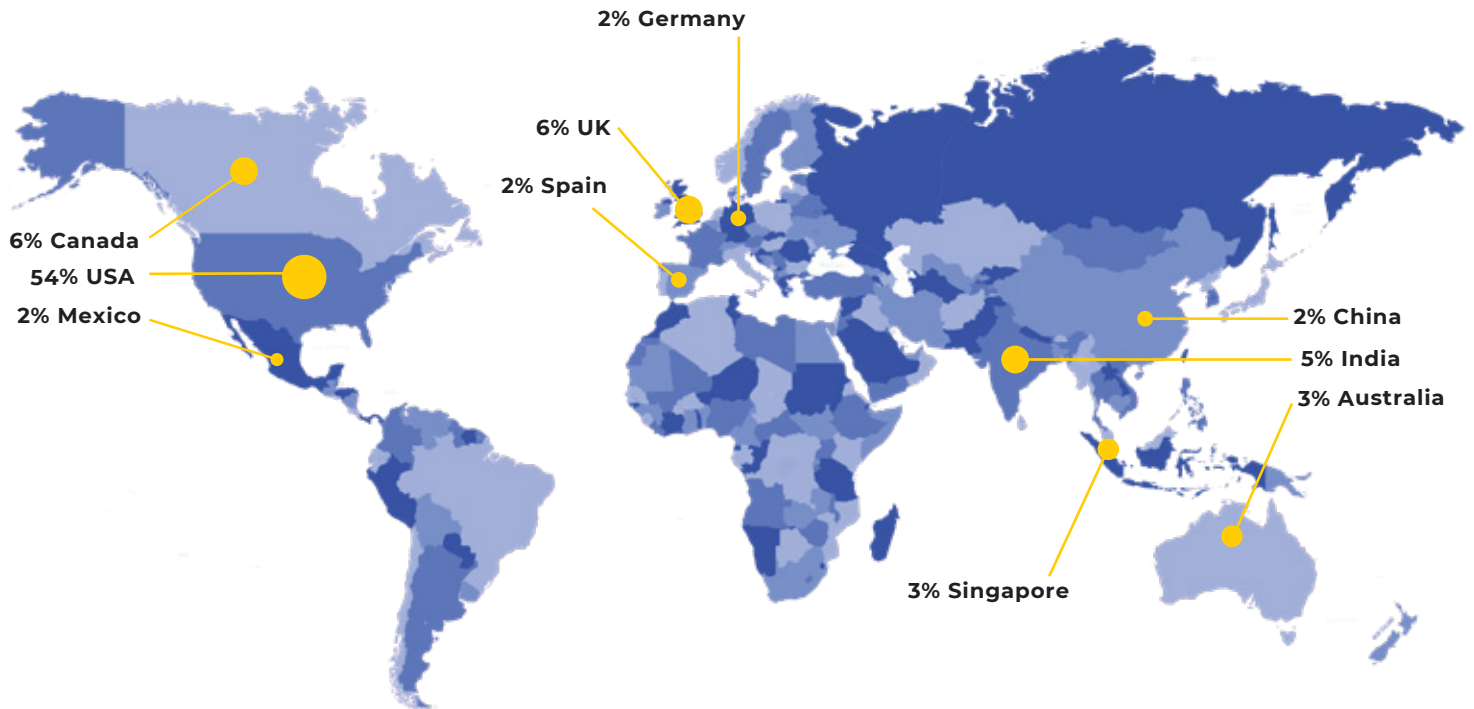
260,000
FOLLOWERS
(all social media)



The world needs encouragement to keep remembering kindness and compassion. Thank you for affecting people's lives so that they may help others in a web of love, connectedness and generosity

— Kathleen from Australia

Lion's Roar Online Audience Top 10 Countries in 2025



EDUCATION

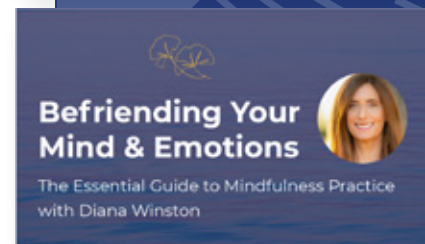
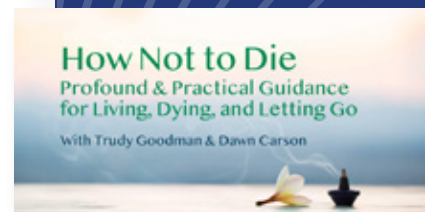
Education and community are at the heart of Lion's Roar's work, and 2025 marked a year of meaningful evolution in how we deliver on that commitment. With our transition to a membership model came new ways of connecting practitioners with teachings — through online courses and summits, member-exclusive workshops, and weekly guided meditations led by our resident teachers.

LION'S ROAR ONLINE LEARNING

Lion's Roar Online Learning continued to offer deep yet accessible dharma education in 2025. We opened the year with Befriending Your Mind and Emotions, an essential guide to mindfulness practice from leading teacher Diana Winston. Later we launched How to Live a Good Human Life, an online summit featuring a live keynote from Jon Kabat-Zinn alongside teachings from Joseph Goldstein, Sharon Suh, Caverly Morgan, Andrew Holecek, Jan Willis, Pamela Ayo Yetunde, and others. We also released How Not to Die, pairing Trudy Goodman's dharma teachings on mortality with the practical end-of-life preparation expertise of Dawn Carson—a course as compassionate as it is practical. We also completed production on Courageous Heart, a course on Tara practice led by Chandra Easton, which was released in early 2026.

Every day, Lion's Roar brings a connection with community. There are millions of us who do not belong to individual sanghas, whose financial situations do not allow us to travel to retreats and teachings. But because of Lion's Roar, sangha is always palpable. I am profoundly grateful—what extraordinary gifts you bring to me every single day. Thank you, thank you, thank you

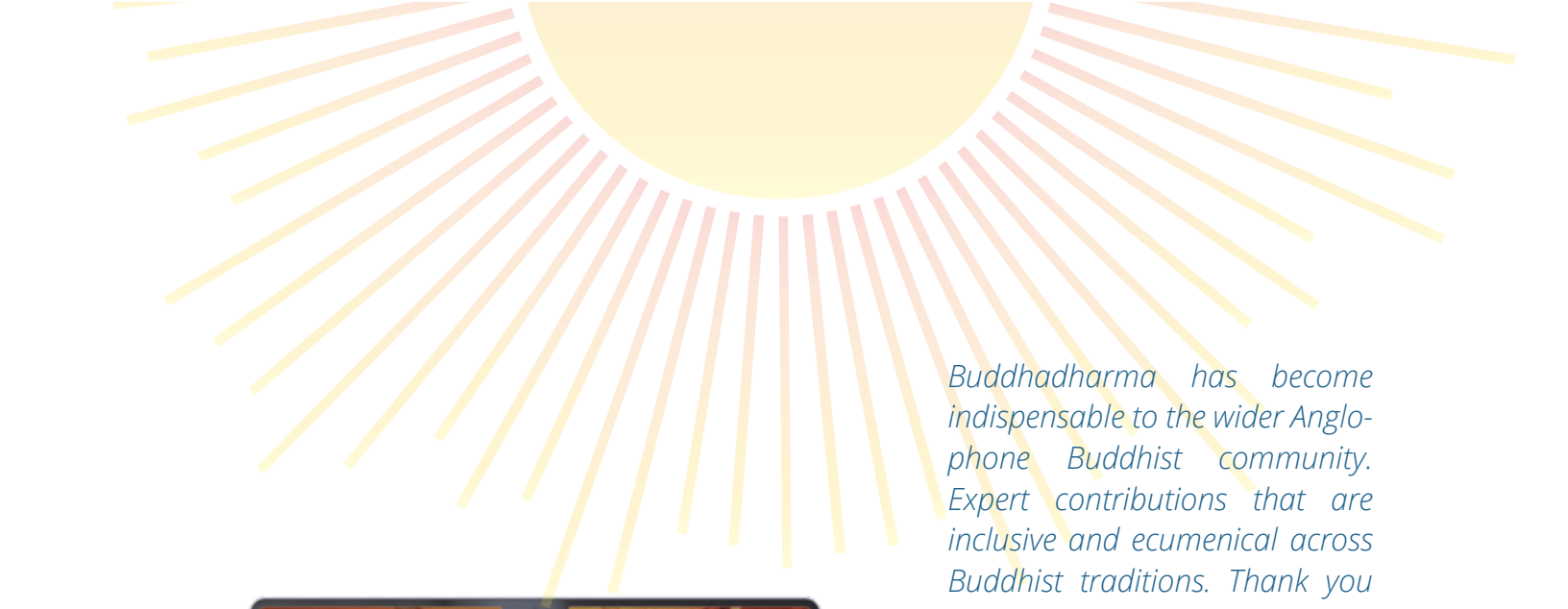
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16,500+

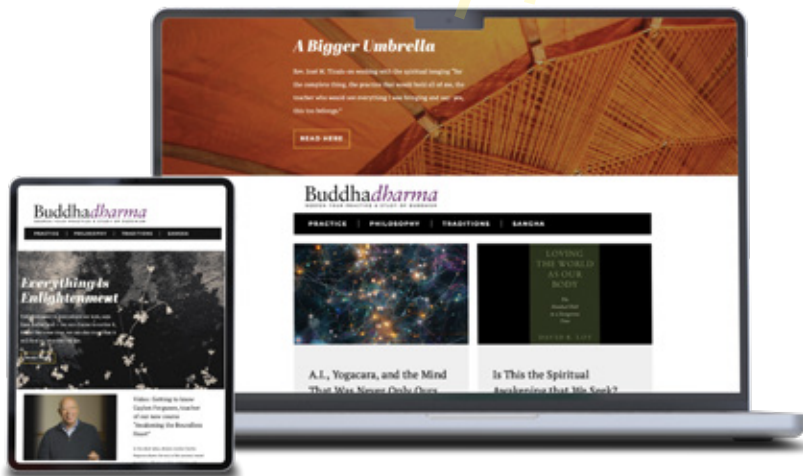
In 2025, more than 16,500 people from all over the world signed up for free teachings and guided meditations in Lion's Roar's online summits and events.

By the end of 2025, more than 28,400 students had enrolled for Lion's Roar Online courses.



Buddhadharma has become indispensable to the wider Anglophone Buddhist community. Expert contributions that are inclusive and ecumenical across Buddhist traditions. Thank you for all of your wonderful work.

—Mark Unno, ordained priest in the Shin Buddhist tradition and Associate Professor of Buddhism at the University of Oregon.



BUDDHADHARMA: DEEPEN YOUR PRACTICE & STUDY OF BUDDHISM

Buddhadharma—Lion's Roar's home for committed Buddhist practitioners—had another rich year. Standout pieces included Rev. Blayne Higa on bringing light and wisdom into a world threatened by the three poisons; Ven. Bhikkhu Bodhi on protecting human dignity from moral nihilism; Matteo Pistono on Buddhism and psychedelics; Karen Greenspan on learning the traditional dance of Machig Labdrön's Chöd practice; and a continuing series of Abhidharma teachings by Yongey Mingyur Rinpoche, among many others.

Buddhadharma's "Deep Dives"—curated collections for the committed practitioner—explored subjects including Spiritual Friendship, Power & the Practitioner, Women of Wisdom, Taking Refuge, Dharma & AI, Buddhist Teachings on the Nature of Mind, and The Art & Practice of Dharma Translation. And our ongoing program of dharma-book excerpts introduced readers to new works by Sharon Suh, Larry Rosenberg, the late David Chadwick and Lama Zopa Rinpoche, Shinshu Roberts, and Dzigar Kongtrul Rinpoche, among others.

COMMUNITY EVENTS & EXPERIENCES

MEMBER WORKSHOPS

In late 2025, we launched a robust new series of [online workshops](#) created exclusively for Lion's Roar members. Over the course of the spring and summer, we gathered an impressive range of teachers and topics and produced more than 30 workshops for our community. We launched the series with 12 workshops and released two more each month so that by the end of the year we offered 18 workshops—and the series continues to grow. Highlights in 2025 have included Qalvy Grainzvolt on stress management tools used in first-responder training, Koun Franz on working with Buddhism's three poisons, Peace Twesigye on how Insight Dialogue cultivates mindfulness and liberation, and Mary Stancavage on metta meditation. These workshops reflect the breadth and depth of contemporary dharma practice.



RESIDENT TEACHERS & GUIDED MEDITATIONS

A cornerstone of the membership experience is our resident teacher program. In 2025, Mary Stancavage, Karen Maezen Miller, and Pamela Ayo Yetunde each offered free weekly guided meditations open to all, while also leading [member-exclusive dharma talks](#)—an offering that brings ongoing, personal teaching relationships into the heart of our community. All Buddhist traditions recognize the value of pilgrimage, a practice that dates back to the Buddha himself, who encouraged all those with faith to visit landmark sites like Bodhgaya, where he attained enlightenment. Far more than mere tourism, pilgrimage fosters a transformative inner journey and a profound spiritual experience.



Thanks again for all of the wonderful support and guidance received during the last year. I bless your efforts for 2026 and trust that you will reach ever more people.

—Catherine, a donor from Wales



PILGRIMAGE

All Buddhist traditions recognize the value of pilgrimage, a practice that dates back to the Buddha himself, who encouraged all those with faith to visit landmark sites like Bodhgaya, where he attained enlightenment. Far more than mere tourism, pilgrimage fosters a transformative inner journey and a profound spiritual experience.

In 2025, more than 50 people from around the world embarked on pilgrimages to sacred Buddhist sites in India, Tibet, Bhutan, and Nepal. In early 2026, there was a pilgrimage to Sri Lanka and in 2027, Lion's Roar will promote a pilgrimage to Thich Nhat Hanh's root monastery and other sites in Vietnam, Cambodia, and Laos.

These pilgrimages foster a deep sense of community among pilgrims, creating a traveling sangha united by spiritual exploration. We're excited to continue sharing these enriching experiences guided by our friends at Buddhapath and Himalayan Hermitage.



“This journey has been a true awakening of the heart, in every way possible. The skilled team guided us in a way that felt intimate, while respectfully bridging us into the depth of the Buddhist culture. This was a life changing journey that vividly expanded and transformed my mind, and there is little I could say that could encapsulate the vastness of my appreciation.

—testimonial from JH,
a pilgrim to Bhutan

ADVOCACY & ACCESS

Everyday, Lion's Roar uses our media channels—our website, print magazines, online learning, and more—to promote openness and to represent the wide diversity of dharma traditions and communities.

BODHI LEAVES

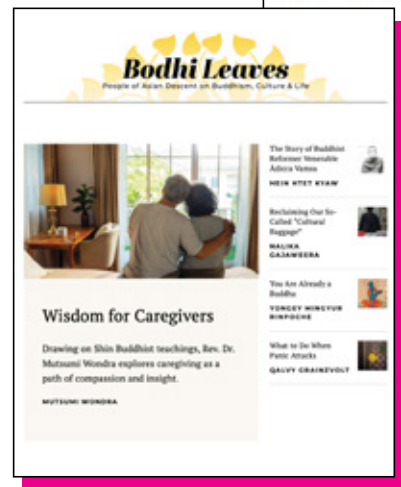
We are committed to diversity, equity, and inclusion in the Buddhist world. In 2024, we launched our [Bodhi Leaves webpage](#) and newsletter. Bodhi Leaves explores Buddhist wisdom, practice, and community, and gathers Lion's Roar articles and teachings written and curated by a diversity of Asian American Buddhists voices.

BLACK & BUDDHIST

In April 2025, in collaboration with Princeton University's Center for Culture, Society, and Religion, Lion's Roar launched [Black & Buddhist](#), a new Lion's Roar webpage that shares resources for Black-identified persons engaging with Buddhism. Black & Buddhist took more than a year to design, compile, and completed.

EL CAMINO DEL BUDA

Our webpage, [El Camino del Buda](#), serves Spanish-speaking Buddhists in North America and around the world globally. It offers a rich collection of Spanish-language dharma materials from all Buddhist lineages, including new content specifically written by Buddhist teachers and practitioners who are native Spanish speakers. There is a Spanish glossary of dharma terms and an interactive "How to Meditate" page, providing written meditation instructions along with recordings of guided meditations in Spanish.



I appreciate the breadth of Buddhist traditions and writers represented in Lions's Roar, especially including more writers of color and offering some articles in Spanish.

—Tova, from California

PRISON DHARMA PROJECT

One project that has inspired and enriched all of us at the Lion's Roar Foundation is our Prison Dharma project. For many years, we have provided free print subscriptions of Lion's Roar magazine to incarcerated persons and prison libraries upon request. However, our reach was limited to those who contacted us to request Lion's Roar. A prison dharma friend told us about a nonprofit called Edovo, which provides educational content on small dedicated tablets that are regularly updated. In 2024, our first full year on the Edovo platform, about 53,000 incarcerated persons in the US had accessed Lion's Roar. By the end of 2025, more than 138,000 had gained access to Lion's Roar. Needless to say, we are very grateful we can reach so many who would not otherwise be able to read the teachings and practices in Lion's Roar.

By the end of 2025 **138,500** incarcerated persons in 1,100 correctional facilities had gained access to Lion's Roar content.

During my time in prison, I found that Lion's Roar had made many of its back issues available for free to incarcerated persons. I cannot tell you how much this meant to me. Every single issue was a spring of life in such a dark place. I know you won't hear back from many of the inmates who find Lion's Roar but I wanted you to know that you are making a difference. A big difference. Thank you for the time and compassion that went into doing this. Please keep providing this resource as much as you are able. Thank you, thank you.

—Tim, a former inmate from Florida

I would like to express my heartfelt and sincere gratitude for awarding me the scholarship. This course will give me the opportunity to deepen my understanding under the guidance of such an excellent teacher. Please accept my deepest appreciation for your generosity and for making this valuable learning experience possible.

—Anita, from Belgium

SCHOLARSHIPS AND FREE ACCESS

Lion's Roar recognizes that there is a broad disparity of wealth in the world and in our community. We do all we can to ensure that finances are not a barrier to the dharma we publish—no one is turned away for lack of funds. With the generous support of our donors and members, we provide scholarships for all our online courses and summits and reduced-rate or free memberships.

In 2024 and 2025, we have piloted a project giving university students free access to Lion's Roar content. It has been an encouraging first test of the value of Lion's Roar to the students and the instructors. The students have reported that Lion's Roar has given them both a personal perspective on Buddhist teachings and the greater depth needed for their course work and term paper. We're further exploring how to scale our outreach to a wider, younger audience.

34% In 2025, 34% of new enrollees on Lion's Roar Online Learning received a scholarship.

2025 OTHER FOUNDATION ACTIVITIES

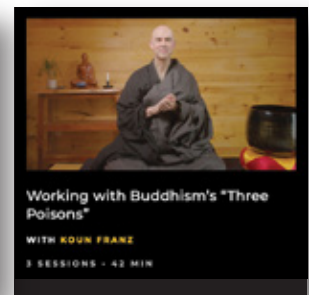
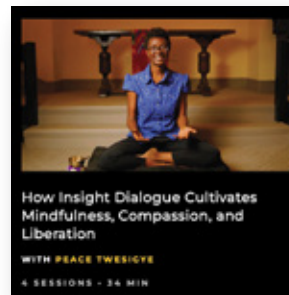
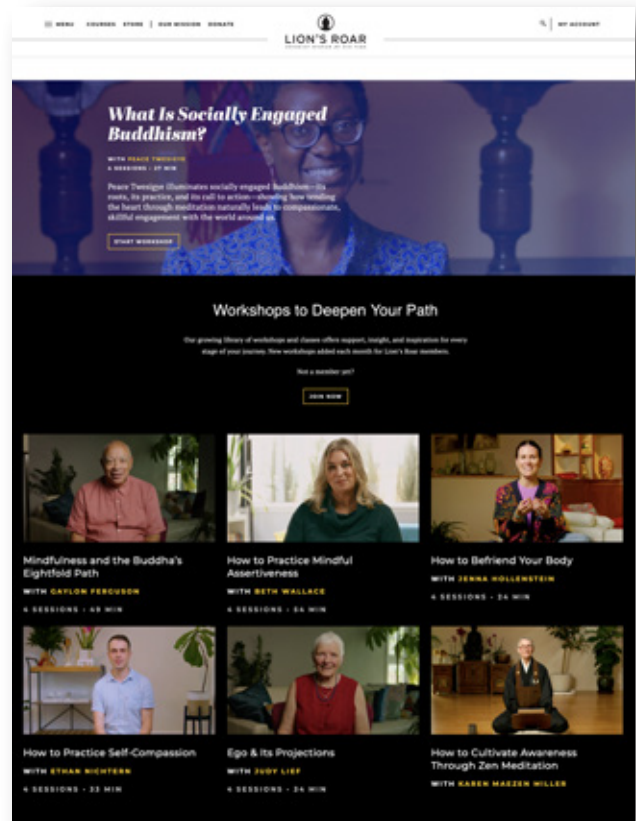
MEMBERSHIP

In 2025, Lion's Roar began reshaping one of the central pillars of our organization, transitioning from a traditional subscription model to a modern membership program. Membership reflects our aspiration to foster a deeper level of engagement with our community and recognizes that our mission is something we sustain together. More than just something to read, Lion's Roar is a place to learn, practice, and connect.

This shift reflects how many people engage with Lion's Roar today. While the magazine remains a cherished part of our work, many people now encounter Lion's Roar through digital articles, teachings, courses, and online gatherings. Membership allows us to bring these offerings together while strengthening the sense that Lion's Roar is a shared community effort.

Our new membership offering includes a growing library of contemplative [video workshops](#) featuring Buddhist wisdom, mindfulness, and meditation practices presented in short, accessible lessons and high-quality video production. Our monthly [Resident Teacher series](#) offers weekly live online guided meditations and monthly live dharma talks with Buddhist and mindfulness teachers from diverse backgrounds and traditions.

Member support sustains these initiatives, plus scholarships and numerous additional online streams of dharma, and helps ensure that Buddhist teachings and contemplative practices remain accessible to people around the world who seek wisdom, compassion, and understanding.



DEVELOPMENT

Development has always been key to fulfilling Lion's Roar's nonprofit mission. In 2025, fundraising and grants accounted for about 15% of the Lion's Roar Foundation's revenue.

The Lion's Roar Annual Online Auction is one of our most popular and important fundraising and awareness building events—2025 marked our 19th year and generated over \$56,000 for Lion's Roar's dharma activities. In addition to welcoming back many of our longtime donors, we were happy to see the lively reception of our newest category, which gave bidders the opportunity to spend one-on-one time with some of the great minds we work with every day.

We have tremendous gratitude for our donors and the trust they place in us. Publishing *Lion's Roar* magazine and LionsRoar.com, offering assistance for those in need, producing free online teachings and meditations, and creating new media content that reaches new and ever growing audiences around the world—none of it would be possible without the generous support of our donors and members.



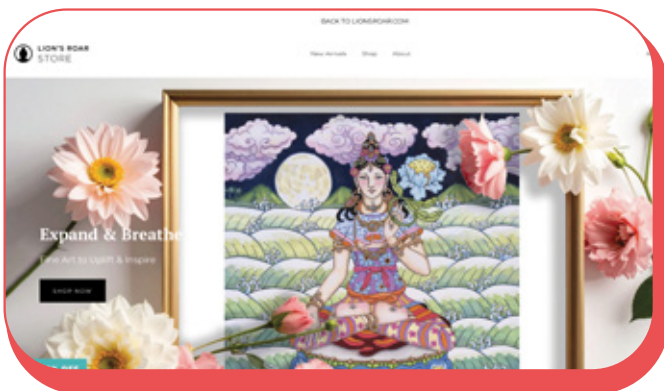
MISSION-ALIGNED PARTNERSHIPS

Lion's Roar's mission-aligned partners and advertisers are an integral part of our Lion's Roar community. They are readers and long-time supporters. They are dharma centers, publishers, universities, teachers, artisans, therapists, and other mission-aligned individuals and organizations whose offerings resonate with our spiritually inclined, socially aware audience.

Support from our partners not only helps sustain Lion's Roar's nonprofit activities, their advertisements are also a valued part of the reader experience. Our readers look forward to discovering our partners' latest books, programs, practice supplies, and other goods and services that align with their values and interests. As our readership and membership continue to grow, we are expanding how we work with our partners—developing thoughtful campaigns that meet our readers' needs to stay informed and communicate our partners' activities, goods, and services across print, digital, newsletters, and sponsored content.

ONLINE STORE

The [Lion's Roar Online Store](#) has been evolving in its nearly 17 years. Still a great repository for one of the largest collections of Thich Nhat Hanh calligraphy prints, we are expanding our Buddhism-inspired fine art collection and introducing new artists in a series called Artist Spotlights. And of course, you can always find back issues of *Lion's Roar* and *Buddhadharma*, special publications, and a selection of art, jewelry, and meditation items from artists and artisans inspired, like us, by the dharma.



A LOOK AHEAD

Lion's Roar's relationship with our readers and supporters isn't transactional. The changes we've made from subscriptions to memberships, and the steps we're taking to ensure that everyone can have access to our content, reflects the warmth and depth we want to nurture with our readers and supporters. We believe the teachings and practices we gather and share are our human birth-right, and we believe our community will support this openness.

In the year ahead, we want to explore and address the challenges our community is facing when it comes to study and practice so that we can offer the support that will be of most benefit.

As a nonprofit Buddhist media organization, Lion's Roar is constantly evolving to meet new challenges. We will continue to respond to events of the day—to meet new people in new ways, give voice to new teachers, and reach out to new communities of people seeking the dharma and support on their paths.

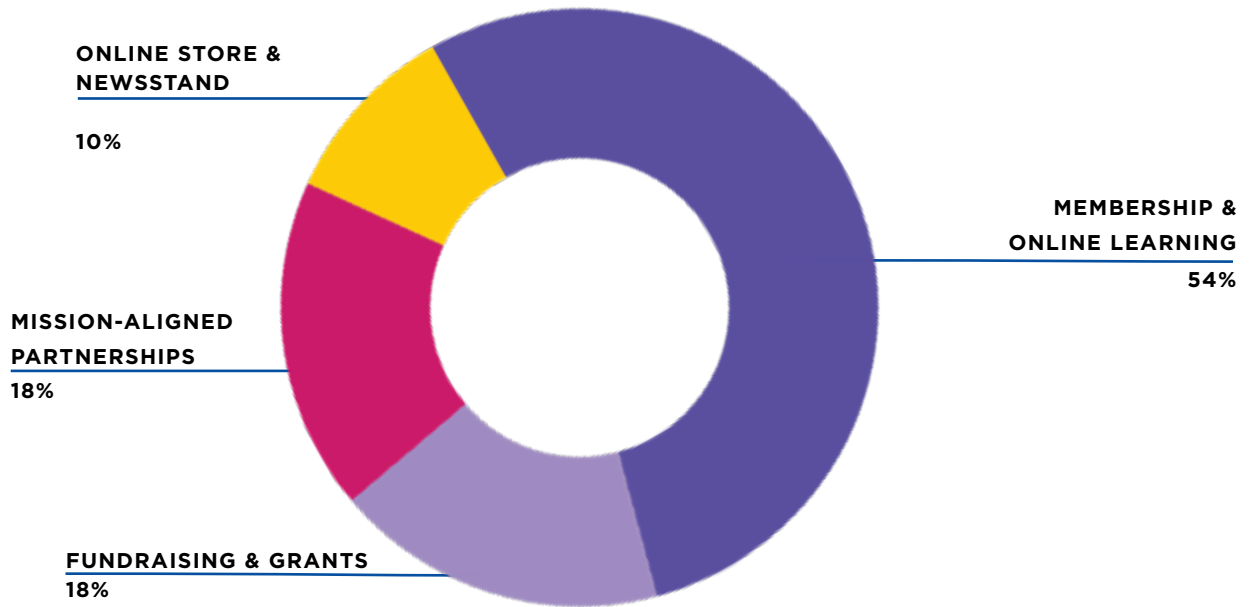
What won't change? Our commitment to use all the resources our community provides as skillfully as we can to reach as many people as possible, wherever they are in their lives.



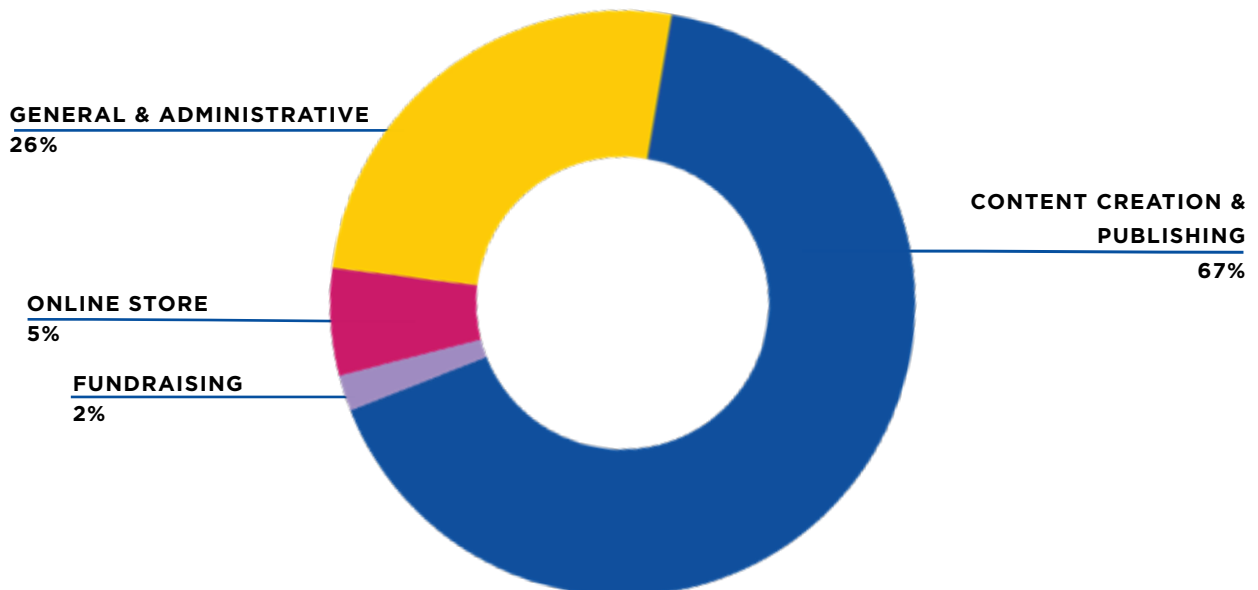
FINANCIAL HIGHLIGHTS

The Lion’s Roar Foundation is a nonprofit charitable organization in the US and Canada. We are grateful for the support of everyone in the Lion’s Roar community—our readers, donors, members, subscribers, advertisers, teachers, foundations, and partners—without whom our activities would not be possible.

2025 REVENUE US \$2.06 Million (unaudited)



2025 COSTS US \$2.05 Million (unaudited)



OUR BOARD OF DIRECTORS

The Lion's Roar Foundation is an independent non-profit guided by its mission to bring the benefit of Buddhist wisdom to all, and by the counsel of its board of directors, composed of community leaders, teachers, and media professionals. Our board members are:



Charles Lief, Board Chair is President Emeritus of Naropa University, having served for 13 years until mid-2025. He has led and served on the boards of many nonprofit and social enterprises including Greyston Foundation, Amida Care, Veterans Path, the Social Enterprise Alliance, the Hartland Group, the Vermont Community Loan Fund, Vajradhatu International, the Buddhist Digital Resource Center, the Holistic Life Foundation and others.



Myokei Caine-Barrett, Shonin is the first woman and first American Bishop of the Nichiren Shu Buddhist Order of North America. She is the guiding teacher of Myoken-ji Temple in Houston and volunteer clergy to two prison sanghas.



Elissa Epel, Ph.D. is an international expert and bestselling author on stress, well-being, and optimal aging. She is a professor at the University of California, San Francisco, where she is Vice Chair of Psychology and directs the Aging Metabolism Emotions Center.



Reverend Marvin Harada is the Bishop of the Buddhist Churches of America. Previously, he served as minister of Orange County Buddhist Church for 33 years. He received degrees from the University of Oregon and the Institute of Buddhist Studies before continuing his education in Japan at Chuo Bukkyo Gakuin Seminary and Ryukoku University.



Melvin McLeod is editor-at-large at Lion's Roar. He is the author of the *Best Buddhist Writing* series, three books of teachings by Thich Nhat Hanh, and the forthcoming book *With a Single Breath: The Complete Path of Mindfulness*. He is committed both to the deep study and practice of the Buddhist dharma and to spreading the benefits of meditation, wisdom, and compassion by teaching mindfulness as a complete and transformative path of life.



Ben Moore is Lion's Roar's publisher. Previously, he oversaw sales for a global business publisher; published Buddhist books, liturgies, and study guides; worked in film and television; and in his twenties, wrote community news for *Lion's Roar* magazine's predecessor, the *Shambhala Sun*.



Reverend Doyeon Park is a minister of the Manhattan Won Buddhist temple and a Buddhist chaplain at Columbia University and New York University. She is actively engaged in interfaith dialogue and cooperation, and is a representative of Won Buddhism to the United Nations.



Rosamaria Segura has dedicated her career to working with non-profit organizations, advocating for social justice and on behalf of disenfranchised communities who are on the front lines of suffering. She is a teacher in the Theravada tradition—and also a student, training under the guidance of Jokai Roshi in the Soto Zen lineage.



John Sheehy is president of John Sheehy & Associates, a consultant firm specializing in strategic planning and new business development for media companies. He specializes in leading entrepreneurial start-ups and driving the growth of existing enterprises. John is a longtime member of the San Francisco Zen Center.



Peace Twesigye is the former Director of Buddhist Studies and the Thich Nhat Hanh Program for Engaged Buddhism at Union Theological Seminary in New York. She is on the board of the Barre Center for Buddhist Studies, the advisory council for the Insight Dialogue Community, and teaches at New York Insight Meditation Center.



Sozan Miglioli, founder and head teacher of Zen Without Borders, is originally from Argentina, where he began Zen practice. He received priest ordination in the Shunryu Suzuki Roshi lineage in 2018 and Dharma Transmission in 2025. Sozan served as President of the San Francisco Zen Center from 2021 until July 2024.

LION'S ROAR STAFF



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CINDY LITTLEFAIR
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The board and staff would like to acknowledge our very good friend and colleague, Cindy Littlefair, who died April 15, 2025. Cindy worked for Lion's Roar for 18 years. She supported each of us, and all of Lion's Roar's activities. She is greatly loved and greatly missed.



LION'S ROAR

Lion's Roar Foundation

EDITORIAL AND CENTRAL BUSINESS OFFICE

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Front

This joyful image of the Yi Peng festival in northern Thailand reflects Lion's Roar's aspirations to share the light of the profound Buddhist teachings of wisdom and compassion as widely as we can.

This Page

Paula Pietranera's Indigo Star was created by folding 672 cranes from a single sheet of indigo-dyed washi paper. Each crane is distinct yet physically linked to form a unified, living whole. This image of the connections within the Lion's Roar community—distinct yet linked—is the inspiration and theme for Lion's Roar's development efforts in the coming year.

The Lion's Roar Foundation is a registered charity in both the United States (EIN 98-0549367) and Canada (81471 7146 RR0001). Donations are tax deductible to the full extent allowed by law.